

Activity Report (Summary version)

Fiscal Year	2022
Code No	22-A-257

Name of Organization	Asociación Somos CaPAZes	Applied Amount
		3442 USD
Project Title	Cantadores de cuna (Lullaby singers)	Granted Amount
		3442 USD
Project Title	Cantadores de cuna (Lullaby singers)	Country which project was operated
		Colombia
About organization and granted activity		

Activity Report (Summary version)

■ About organization (Such as Year of establishment, Vision, Name of main activity >

* With in 500 characters

Somos CaPAZes, established in 2007, educates for peace, inspired by successful programs like Peace by PEACE and Peace Games. Based in Colombia, we focus on conflict prevention, management, and resolution in schools, businesses, and communities. Our non-profit work impacts over 25,000 changemakers, promoting human rights and social, cultural, and leadership development. Through initiatives like Al ComPAZ and Mujeres PAZíficas, we empower individuals to be agents of positive change, fostering coexistence, volunteering, and innovation.

■ Done activity by NPF Grant * Within 1000 characters

"Cantadores de Cuna - Bogotá ," meaning 'Lullaby Singers in Bogotá' was the project developed through NPF's grant in 2023. It advocates for using music to address social issues and enhance caregiving roles. The project was developed in 4 stages, starting from the Prelude. It involved assembling a team of 12, including musicians and facilitators, who underwent training in conflict resolution and the project's methodology. Concurrently, 17 caregivers and 31 children from an area marked by high domestic violence and poverty rates in Bogotá joined as participants of the project.

The Verse stage featured 12 hours of in-person workshops exploring caregiver roles, family dynamics, conflict resolution, women's roles, and leadership. This laid the groundwork for the subsequent composition exercise. Following, in the Chorus phase, caregivers and children, guided by musicians, applied the Lullaby Project methodology, composing songs based on their feelings and thoughts. As a result, seven songs were recorded in professional studios and compiled into a project-specific songbook.

Finally, the Closing stage culminated in a concert, presenting the newly composed songs. The event included a symbolic certificate presentation and a sharing of insights gained throughout the project. 'Cantadores de Cuna' strives to foster peaceful environments, supporting the social and emotional well-being of caregivers through the transformative power of music.

■ Output or Outcome * Within 1000 characters

A successful implementation of Cantadores de Cuna showed positive changes in caregivers and children. The project equips them to be change agents, understanding caregiver roles, enhancing infant relationships, and building support networks. This fosters new conflict resolution methods and protective environments. Musicians and volunteers find the experience enriching, acquiring applicable tools for both workshops and personal lives. Interviews reveal unique emotional expression through musical composition, providing perspectives on motherhood, womanhood, and childhood. All participants affirm applying program learnings in daily life and recommend it.

Achieved outcomes:

1. 17 caregivers and 31 children strengthen interpersonal and family relationships in Bogotá D.C.
2. 5 musicians with a higher level of knowledge in facilitation techniques and conflict resolution.
3. Caregivers and children with a higher level of knowledge in gender identity, leadership, self-recognition and conflict resolution.
4. 7 musical samples created by children and their caregivers in Bogotá D.C.
5. 7 songs composed, edited and shared that encourage children and their caregivers to work on issues of gender, leadership and conflict resolution.

* To report writer: Please try to keep your describing within this one page/sheet only. (Total around 2500 characters)